


The 187 Elbow Pads

Size	Elbow Center - Size	
XS	Fits Juniors	
S	7" - 8"	
M	9" - 10"	
L	11" - 12"	
XL	13" - 14"	

The 187 Fly Knee Pads

Size	Knee Center - Size	
XS	Fits Juniors	
Small	12" - 14"	
Med	14" - 16"	
Large	15" - 17 "	
XL	17" - 20"	

The 187 Pro Knee Pads

Size	Knee Center - Size	
Small	12" - 14"	
Med	14" - 16"	
Large	15" - 17 "	
XL	17" - 20"	