



## How To Remove Skate Bearings

Many Skate shops have special tools for taking out Skate bearings, and they usually provide this service for free. However, removing your own Skate bearings is simple. Just be careful - while taking the bearings out of the Skate wheels is easy, it's also easy to accidentally damage your wheels or bearings if you aren't careful. As for special tools, all you need are the tools to remove your wheels - any skate tool should do the trick.

### Remove the Wheels

First, you want to remove your skate's wheels. The easiest way to do this is with a skate tool, or a 1/2" socket wrench.

### Hook on Truck Axle

Next, place the wheel back on the Skate's axle, but just barely (about 3/8 inch). You want to hook the tip of the axle inside the bearings, only letting it touch the bearing and not the wheel.

### Slowly Pry

Now, slowly and gently, pry the wheel at a downward angle. The bearing should pop out of the wheel, but it might not want to right away. So be careful, and go slowly. If you pry too hard, you might damage the bearing.

On the other hand, if you are planning to throw these skateboard bearings away, then pry as hard as you want!

### Done, what's next?

Once the bearing pops out, you are Good-to-go! Repeat with all 16 bearings on your skates. Like I mentioned earlier, some companies make tools for this sort of thing. However, they do the EXACT same thing as described here. Be gentle, take your time, and everything should be fine!