



## 187 Killer Pads

# PRO Knee Sizing Chart

Measure from top of knee cap up 4" then around (    " )  
Measure from bottom of knee cap down 5" then around (    " )

<b>Size</b>	<b>Top Knee circumference</b>	<b>Bottom Knee circumference</b>
Small	13" - 16"	11" - 14"
Medium	15" - 18"	12" - 15"
Large	18" - 21"	15" - 18"
X/large	21" - 24"	17" - 20"

**This is only a guide**

**All pro knee pads are open back and adjustable for excellent fit and comfort**

**If you wear large knee pads,  
you probably wear large elbow pads.**